



2023 ARMED FORCES SWIMMING AND LIFESAVING TEAM SELECTION STANDARD PROCEDURES

1. COMPETITION RULES:

- a. Current International Swimming Federation (FINA) as amended by the Conseil International du Sport Militaire (CISM) Swimming Sports Committee.
- b. Current International Life Saving Federation (ILS) as amended by the Conseil International du Sport Militaire (CISM) Swimming Sports Committee.

2. ELIGIBILITY:

- a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Swimming/Lifesaving Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.
- b. All athletes must be in good standing with USA Swimming (USAS), United States Lifesaving Association (USLA), FINA, ILS, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).
- c. Athletes must also possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

- a. Complete the appropriate sports application for the respective Service branch by the published deadline.
- b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.
- c. Applications/Application process can be found visiting the following website: <https://armedforcessports.defense.gov/For-Athletes/How-to-Apply>. (Follow your Service logo)

4. SELECTION CRITERIA:

- a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.
- b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event.

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1) Swimming Pool Events.

a) Applications must contain times and/or distances from sanctioned USAS, NCAA, FINA, or CISM competitions within the last 18 months for pool events.

b) Time Standards.

Women		Event	Men	
SCY	LCM		SCY	LCM
25.08	28.07	50 Freestyle	22.18	25.05
52.43	60.69	100 Freestyle	48.52	54.89
1:57.81	2:10.99	200 Freestyle	1:46.33	2:00.45
5:05.44	4:36.39	400 Freestyle	4:40.76	4:16.37
10:32.82	9:20.59	800 Freestyle	9:49.37	8:54.21
17:36.62	18:11.23	1500 Freestyle	16:22.51	17:02.41
1:00.34	1:07.65	100 Backstroke	53.67	1:01.39
2:10.08	2:25.45	200 Backstroke	1:58.93	2:12.83
1:10.63	1:16.91	100 Breaststroke	60.96	1:08.89
2:30.03	2:45.87	200 Breaststroke	2:14.08	2:30.03
59.58	1:05.55	100 Butterfly	52.94	59.15
2:14.06	2:25.63	200 Butterfly	1:59.56	2:13.25
2:12.90	2:28.01	200 Individual Medley	1:59.02	2:14.85
4:46.13	5:14.65	400 Individual Medley	4:18.46	4:47.15

c) The times above are the absolute minimum standards to qualify for the CISM Military World Championship. Applicants not meeting the minimum standards above will not be considered.

2) Open Water Events.

a) Applications must contain times and/or distances from sanctioned USAS, NCAA, FINA, or CISM competitions within the last 18 months for pool events.

b) Time Standards.

Women	Event	Men
1:15:00	5 km	1:08:00
2:15:00	10 km	2:08:00

c) As open water swimming is relatively new within USAS, applications may include times from the swimming portion of Long Distance Triathlon or Ironman competitions for consideration.

3) Lifesaving Events

a) Applications must contain times and/or distances from sanctioned USLA, ILS, or CISM competitions within the last 18 months for pool events.

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b) Applications may also include the following running, swimming and lifesaving skills for consideration:

- 1) Provide 5K and 10K run times in last two years.
- 2) Provide swim times for 50m, 100m, and 200m freestyle.
- 3) Provide times for 1500m open water swims (Split times for open water Olympic distance triathlon competitions will be accepted).
- 4) Other lifesaving information such as military billets (Coast Guard/Navy SEALs).
- 5) Specialty water rescue equipment training and certifications.

c. There is no requirement to fill the roster for each specific designated event. Selections will be made based on the ability of athletes to meet the selection criteria. The maximum number of authorized participants per delegation is two (2) athletes per individual event and one (1) team in each relay event.

d. The selection procedures may be subject to change based on the host country or CISM Swimming Sports Committee.

e. Para- Swimming athletes fall under separate selection criteria to this document.

5. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Swimming Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Swimming committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

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g. The event draw shall be determined by the CISM Swimming Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel (depending on COCOM).

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

i. All athletes and staff must abide by all USAS, FINA, USLA, ILS, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. COMPETITION RULES AND GUIDELINES: Within the United States, USAS and USLA rules apply. Regulations of FINA and ILS rules and the CISM Swimming Sport Committee govern conduct of the CISM Swimming and Lifesaving Championship events. General CISM rules govern other aspects of the CISM event.

7. TYPICAL SCHEDULE OF CISM EVENTS: As determined by the official invitation

8. TEAM COMPOSITION:

a. Final team composition determined by the host nation invitation per the number of events offered.

b. No more than two athletes per event. Athletes may compete in more than one event as long as there are no more than two athletes competing in the same event.

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

a. Swimming Pool Events

- Freestyle 50, 100, 200, 400, 800 and 1500 meters
- Backstroke 50, 100 and 200 meters
- Breaststroke 50, 100 and 200 meters
- Butterfly 50, 100 and 200 meters
- Individual Medley 200 and 400 meters
- Freestyle Relays 4 x 100 and 4 x 200 meters
- Medley Relay 4 x 100 meters
- Mixed Relays 4 x 100m Freestyle
- Mixed Relays 4 x 100m Medley

b. Swimming Pool Events

- 5km (male/female)
- 10 km (male/female)
- Mixed Team event (4x1250m relay)

c. Lifesaving Pool Events

Individual:

- 50 m manikin carry
- 100 m manikin carry with fins
- 100 m manikin tow with fins
- 100 m rescue medley
- 200 m obstacles
- 200 m super lifesaver

Relays:

- 4 x 25 m manikin
- 4 x 50 m medley
- 4 x 50 m obstacles
- 4 x 50 m Lifesaver Relay (Mixed)

Individual:

- Run-Swim-Run (or Surface if no sandy area or beach is unavailable)
- Board Race
- Surfski Race
- Oceanwoman/Oceanman
- Beach flags

Relays:

- Rescue Board Rescue
- Rescue Tube Rescue
- Oceanwoman relay/Oceanman relay
- Ocean Lifesaver Relay (Mixed)